



Ladner Elementary School

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Principal: Mr. J. McCallum

Vice Principal: Mr. J. Hope

NEWSLETTER #06 February 6, 2017

PRINCIPAL'S MESSAGE

Dear Ladner Families,



Happy February! February is a significant month to school staff for a variety of reasons. It is the halfway mark in the school year (scary how fast time is going), it signals the beginning of Term Two Report Card season, and it sees our students in grades 4 and 7 taking part in Foundation Skills Assessment.

One of the things that I personally look forward to in February is Ground Hog Day. This year our furry friend is predicting an early spring. After the winter we have had, this sounds like great news to me! Between the cold temperatures, the snowy weather and the various flu bugs that have been circulating through the community, this has been a bit of a crazy winter. Please keep in mind that if your child will be absent from school, it is extremely helpful if you phone and leave a message on our answering machine letting us know. Include a description of your child's symptoms. Thanks for your cooperation and let's hope the ground hog is right this year and that sunny spring weather is just around the corner!



SCHOOL INFO & REMINDERS

KINDERGARTEN REGISTRATIONS

Please note Kindergarten Registration for Ladner Elementary School will take place on **Wednesday, February 15th, 2017 from 9:00 am to 11:30 am**. The following documents **must be provided when registering** and required before the student can start at school:



1. Child's Birth Certificate (**registration will not be accepted until proof of birth is received**)
2. Proof of residency (municipal bill or copy of purchase/rental agreement. We **cannot accept** hydro, telephone, etc. or driver's license.
3. Proof of citizenship for both the parent and the student (Canadian birth certificate, citizenship card, passport, landed immigrant document, permanent resident card)
4. Immunization record, care card, medical and emergency contact information.

The Ministry is extremely strict about registering students without the proper documentation. Although we can hold the registration, we cannot accept it until a copy of the birth certificate is provided. Please ensure that you bring the original birth certificate and all proper documentation to the registration on February 15^h.

PINK SHIRT DAY



On February 22nd students and staff will be encouraged to wear Pink t-shirts / clothing to acknowledge Pink Shirt Day. This annual event takes place to remind everyone that kindness and acceptance for everyone is what we should all strive to achieve.

SPEED CONTROL ANTHEM



Speed Control

On Thursday, February 23rd the musical group Speed Control will be here to present a concert to our students and to present a history lesson on Canadian rock music. After this performance, they will stay for the day and interact with some students to gather information and ideas about our school. From this information they will create a Ladner Elementary anthem that will be presented at the end of the day to the students. It should be a great day and a huge thanks goes to our PAC for providing the funding necessary to make this event happen.

REPORT CARD ENVELOPES



If you have not yet returned your child's report card envelope, please sign and return it to the school as soon as possible. The report card and all inserts are yours to keep.

BUILDING SECURITY



Thank you for observing the signs posted on various doors reminding all parents and visitors to enter the school during the school hours only via the front door and only after checking in at the office. It is imperative to school security that we know who is in the hallway during regular school hours.

If you are dropping off lunches, please leave them on the "lunch table" in the front hallway and please ensure they are labeled with your child's name and division.

SPORTS



BASKETBALL: The basketball season is underway. Many thanks to our volunteers, who have offered to help coach our teams. Our 6/7 Girls team is being coached by Mme Valentino and Mme Edge. Our Grade 6 Boys team is being coached by Mr. McCallum. Finally, our Grade 7 boys team is being coached by one our parents, Carol Lingham. We truly appreciate all time and expertise they will share with our students.

SPIRIT DAY



The school student leadership committee is planning the next school spirit day. It will be held on Tuesday, February 14th. The kids will be asked to dress in as many Valentine Colors, such as red, pink, and purple, as they can.

LIBRARY NEWS



The library needs your help! We're looking for parents, grandparents or other guardians (even older siblings who may need volunteer hours for graduation) to spend an hour or two each week to help with shelving books. Flexible hours and training provided. Please contact me at: cedgepartington@deltasd.bc.ca if you are interested or have questions. Thank you!

ATTENTION GRADE 7 PARENTS!



It is the time of year when we start to make plans for our Grade 7 student's transition to high school. By default, all of our Grade 7s who are currently enrolled in our English program are assigned to attend Delta Secondary School. All Grade 7 students enrolled in our French Immersion program are assigned to South Delta Secondary School. Please contact Mrs. Hann at shann@deltasd.bc.ca if your child will be attending a school other than as indicated above.



READY, SET, LEARN



Ready, Set, Learn!

Ladner Elementary School will be a part of a local Ready, Set, Learn event in the afternoon of Tuesday, April 11th for parents and their three year old children. It will take place at the Delta Manor Education Centre. For more information, see the

informational poster at the bottom of this newsletter. Please help us inform all parents of pre-schoolers living near Ladner Elementary School. This is a great opportunity to help preschoolers get ready for school!

Studies suggest that children who have their own books and are read to by their families get off to a flying start as learners. The Province's **Ready, Set, Learn** initiative recognizes that families need positive connections with the school system and community agencies that provide relevant resources and information.

The Ministry of Education, in collaboration with the Ministry of Children and Family Development and the Ministry of Health, is providing resources to support a series of **Ready, Set, Learn** events. Families and their pre-school aged children who attend receive:

- An age-appropriate book for the child
- Helpful tips for supporting their preschooler's learning and development
- Additional information from community agencies

If you participate in a Ready, Set, Learn event at your child will receive a book to take home. Please take the time to read it with your child and to talk about the illustrations. Give your child the gift of reading and have fun spending time together.

PAC NEWS PAC MEETING



PAC meeting will be Tuesday, February 7th, 2017 at 6:00 pm in the Staffroom. Babysitting will be provided. The Executive is a terrific group of parents who work hard to support school activities. In addition, they are a nice group of people to get to know. Every parent who has a child at Ladner Elementary is part of the PAC! Please join us, even if you have never been to a PAC meeting before! Help make Ladner Elementary a great place for our students.

MESSAGES FROM YOUR PUBLIC HEALTH NURSE



Flu Season Is Upon Us



What can parents do?

1. Arrange for your family to have an annual flu shot if your child has a chronic health condition (call the Health Unit for more information).
2. Prevent illness by maintaining good health habits...frequent hand washing, eat a variety of foods, exercise and get enough sleep.
3. Recognize flu symptoms—stuffy nose, cough, sore chest, fever, chills, muscle and joint pains. Vomiting and diarrhea are not usual symptoms of Influenza but may be seen in young children.
4. Keep your child at home away from others and treat the symptoms with bed rest, plenty of fluids and acetaminophen (i.e. Tylenol) for fever and aches.
5. Call you doctor if your child has a rash, high fever, ear ache, severe vomiting and/or diarrhea.
6. When calling the school please inform them of the symptoms your child is experiencing.

If the school finds it necessary to send your child home because of illness, please make sure you have made alternate arrangements when you are not available. Inform the school of these arrangements.

Heart Health

Healthy Heart



Healthy You

Establishing a heart healthy lifestyle early on can help keep the risk of heart disease low. The three key aspects to heart health are:

- eating a balanced and varied range of healthy foods
- living a physically active life
- living smoke free

Healthy eating means a diet comprised of vegetables and fruits, whole grains, lower fat milk and milk alternatives as well as smaller, leaner portions of meats, poultry and vegetarian protein sources such as beans, lentils and tofu. Heart healthy fats should also be eaten; these fats are found in fish, nuts, seeds, avocados, and vegetable oils.

Our heart is a muscle and just like other muscles, it needs extra work on a regular basis to keep it strong. Physical activity exercises the heart and all of us, our children included! Canada's Guide to Physical activity recommends that activities for children and youth add up to 90 minutes every day.

Smoking is bad for your heart. It makes your heart beat faster, clogs the blood vessels (this makes the heart work harder) and less oxygen gets to the lungs. Smoking is harmful and highly addictive; a heart healthy move is to never start.

Eat Well...Be Active...Live Tobacco Free



CALENDAR REMINDERS



Monday, February 7	PAC Meeting - 6:30 – Staff Room
Monday, February 13	Family Day – No School
Friday, February 17	Hot Lunch
Friday, February 24	Non-Instructional Day – No School
Tuesday, March 7	Class Photos & Panorama Shot
Wednesday, March 8	Term 2 Report Cards Home
Friday, March 10	Hot Lunch
March 13 – 24	Spring Break
Monday, March 27	School Re-Opens

CALLING ALL PRESCHOOLERS

born in 2012, 2013 & 2014

Ready
Set
Learn

will street

Annual school
events for
children and
their caregivers

Connect with your
school, community
agencies, and other
families in your
neighborhood



LADNER

**DELTA MANOR EDUCATION
CENTRE**

**APRIL 11, 2017
1:00 - 2:30**

for students heading to:

Holly Neilson Grove
Hawthorne Port Guichon
Ladner

**FREE
BOOK**

for each child
and a package
of materials

Ready Set Learn events are funded by the
Ministry of Education

View a complete list of RSL events and times on our
website <http://www.deltasd.bc.ca/event/70>

For more information please contact a
Public Elementary School near you

 **Delta School District**
Inspired Learning