



Ladner Link

Ecole Elementaire Ladner Elementary School

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Principal: Mme C. Edge Partington

VP: Mme T. Carleton Gaines

NEWSLETTER #03 November 3, 2020

PRINCIPAL'S MESSAGE

Dear Parents and Guardians,

On **Tuesday, November 10th** we will hold our annual Remembrance Day Assembly. This year, students will remain in their classrooms and watch as the assembly is presented through Zoon video conferencing. Over the years, we have always been very proud of how students have shown respect and honour to the many Canadians, past and present, who serve our country. All of our students will have a role to play in this assembly either, through creating art, reciting a poem or speaking the acknowledgement. Each class will also be decorating a wreath with poppies and laying it out before our moment of silence. Unfortunately, we are unable to invite parents to attend this year. Please discuss with your child what Remembrance Day means to your family.



SCHOOL INFO & REMINDERS

Halloween Parade



Last week was full of Halloween fun. The Monster Dash was a full day event that saw all cohorts get outside for their run in the sun. Our Halloween costume Parade was a flipped parade that began with a school-wide story via Zoom. Instead of the students parading, Ms. Ferguson, our Music Teacher, and Ms. Carleton went to each class to film our students in costume so that the rest of the school could watch. It was fun to see everyone all dressed up and in the Halloween spirit.

Daily Health Check



With cold and flu season upon us, along with COVID-19, we ask that you remain vigilant about completing the Daily Health check with your child. We are all doing our part to reduce the transfer of infection. If your child is not feeling well, please inform the office. The Daily Health Check can be found on our website under *Parent Community*: <https://le.deltasd.bc.ca/>

Lost and Found



Our Lost and Found areas are filling up. If your child is missing a jacket, shoes etc, please have them check the two lost and found areas. Our Primary Lost and Found is located at the end of the Main hall right next to the doors that exit to the Primary undercover area. Our Intermediate Lost and Found is located at the bottom of the stairs located closer to our school library.

Before and After School on the Playground



Before school, supervision of students on the playground begins at 8:25 a.m. Therefore children should not arrive at school prior to that time. When students arrive at school, they are reminded to go directly to their class line. We are encouraging students to stay off the playground before and after school. We have worked so hard to keep our cohorts only together and if all students are on the playground, in random groups, it defeats these efforts.

Dressing for the Weather



Although we enjoyed some wonderful fall weather and many warm sunny days, fall is now truly upon us. As the temperature continues to dip, it is important that the students come dressed in outerwear appropriate for the cold, wet and wind. Here, on the West Coast, rain is just a fact of life. On most days, students will be going outside at recess and lunchtime. It is only in the case of **extremely poor** weather, that we designate the recess and/or lunch hour as an "in day", which means that students are to stay inside and play quietly in their classrooms rather than venture outdoors. *We refrain from doing this unless absolutely necessary, as the children need the opportunity to get out in the fresh air* and be physically active before heading back into the classroom.

Not only do students need to be dressed warmly enough to enjoy themselves outside at recess and lunch, but having warm clothing is also essential in the event of an emergency or unexpected situation requiring a building evacuation. Many students are still coming to school without jackets, wearing shorts and hoodies ... even on the coldest, rainiest of days. Please ensure your children come to school dressed accordingly for being outside at recess and lunchtime (e.g. boots and a coat). Because our field also gets quite mucky and wet at this time of year, packing an extra pair of socks and pants into your child's backpack is also suggested.



Snow Days



If it snows, will there be school? The short answer is...YES! During extreme winter weather conditions, including heavy snowfalls, all schools in the Delta School District will remain OPEN, if at all possible. It is very rare that schools would be closed due to weather conditions or other circumstances. Schools may have a delayed opening to allow schools and routes to schools to be made safer for the arrival of students. Any closure or delayed opening will be decided by 6:30 a.m. and will be announced on the district website at: web.deltasd.bc.ca

To keep phone lines clear, we ask that you please refrain from phoning the school to check that we are open.

During extreme weather conditions it is also common for police and other authorities to advise citizens to avoid unnecessary travel. Parents should take this advice as well. Parents/Guardians are responsible for their children's safe travel to and from school. If, for any reason, a parent/guardian feels that a child cannot travel safely to school, then they should make other arrangements. Schools will be kept open except under extreme circumstances to provide the option of attendance for all, but the decision is the responsibility of each family. Should you choose to keep your child home, please call the office and leave a message reporting your child's absence.

Do You Bring Your Pet to School?



We know that many families enjoy walking the family dog when they accompany their children to and from school. At Ladner Elementary, **we request that all pets are kept well away from the students.** If you walk your dog to the school, **please arrange to meet your child either off the grounds at the front of the school or on the grass field well away from the entrances and exits.**

Please clean up after your pet

PAC NEWS

PAC Meeting



Our next PAC meeting will be held at 6:15 p.m. November 18th, 2020 via Zoom. The PAC is excited to launch their first Virtual Holiday Marketplace Fundraiser. There is something for everyone on your list. Shop from home & support local businesses. For a full list of vendors & how to order, go to <https://ladner.hotlunches.net>
Got questions, email us lepacinfo@gmail.com

MESSAGES FROM YOUR PUBLIC HEALTH NURSE



If your child has a serious health condition that may require emergency care or medication, contact the school as soon as possible. Please keep the school informed of any changes in your child's medication or health status.

The Fraser Health recommends that all children be immunized against the following communicable diseases.

- A booster for DPTP (Diphtheria, Pertussis, Tetanus, and Polio) and Chicken Pox/MMR is recommended in Kindergarten. Only a single vaccine MMRV is required. Call the health unit or doctor to have this done **ASAP**.
- Grade 6 students are eligible to receive the following immunizations: Hepatitis B (if unimmunized), Meningococcal C, and Chicken Pox booster. Grade six girls will be receiving 2 doses of the Human Papillomavirus (HPV) vaccine this year.

Hearing and vision screening will be done on kindergarten students during the school year by our health unit aide.

Headlice is an ongoing concern. Please check your child's head weekly. Information sheets on the treatment of head lice are available at the health unit and the Fraser Health Web site.

The flu vaccine will be available in November. **Free vaccine is offered to people aged 2 to 5, over 65, or anyone of any age with chronic medical conditions.** The flu mist vaccine (no more needles) is available for children 2 to 17 years of age.

For more information on school health issues check the Fraser Health web site. (Google Fraser Health, Click Your health then School Health)

Thank you for helping to make your school a **HEALTHY SCHOOL!**



Flu Season Is Coming



What can parents do?

1. Arrange for your family to have an annual flu shot if your child has a chronic health condition (call the Health Unit for more information).
2. Prevent illness by maintaining good health habits...frequent hand washing, eat a variety of foods, exercise and get enough sleep.
3. Recognize flu symptoms—stuffy nose, cough, sore chest, fever, chills, muscle and joint pains. Vomiting and diarrhea are not usual symptoms of Influenza but may be seen in young children.
4. Keep your child at home away from others and treat the symptoms with bed rest, plenty of fluids and acetaminophen (i.e. Tylenol) for fever and aches.
5. Call you doctor if your child has a rash, high fever, ear ache, severe vomiting and/or diarrhea.

If the school finds it necessary to send your child home because of illness, please make sure you have made alternate arrangements when you are not available. Inform the school of these arrangements.

Helping Kids Build Physical Activity into Their Daily Routine



Helping kids build physical activity into their daily routine helps to create a pattern that may very well stay with them for the rest of their lives.

Research shows that physical activity:

- Builds strong bones and strengthens muscles
- Maintains flexibility
- Achieves a healthy weight
- Promotes a good posture and balance
- Improves fitness
- Improves physical self-esteem
- Increases relaxation
- Enhances healthy growth & development
- Helps children to meet new friends



Lice

Head lice do exist in our school as it does in most schools. In fact, some lower mainland schools are dealing with it in epidemic proportions. Head lice are parasites that only infect human scalps. They are spread by head to head contact but do not cause disease. However, they do “cost” families in terms of having to buy and spend time on treatment, generate frustration, unnecessary embarrassment and sometimes education time lost. Here are some “facts of lice”:

- Having lice does not mean a lack of cleanliness. Lice love clean human hair!
- Lice do not jump or fly
- Lice bites make the scalp itchy
- Nits are lice eggs, which are attached to the hair, close to the scalp. They are as tiny as dandruff or about 1/3 the size of a sesame seed
- You can't get rid of nits by brushing, or with a hair dryer
- After the head lice hatch, the shell of the nit stays stuck to the hair. If it is more than 12 mm (1/2 inch) away from the scalp, it is probably empty
- Lice are spread by head-to-head contact and by sharing brushes, hats, or other items that come in contact with the head
- Head lice are common where children play or work closely together
- **Lice do not cause disease....they just bug us!**



How to prevent lice/the spread of lice?

- Routinely check your child for lice even if he/she is not scratching their head
- Check your child for lice if a friend/classmate has head lice
- Teach your child to not share hats, brushes, helmets, hair barrettes and towels
- Keep long hair tied back
- If you discover that your child has lice, it is important that you notify the school. This way, we can send a notice home with students in your child's class, advising their parents to also check their children for lice. Your child will not be identified. Confidentiality will be respected, as this can be a sensitive issue for many families.

Please check http://www.fraserhealth.ca/your_health/school_health/head_lice or the HealthLinkbc.ca home page for more information on lice.



CALENDAR REMINDERS

Tuesday, November 10	Remembrance Day Virtual Assembly @ 11:00
Wednesday, November 11	Remembrance Day Closure-No school in session
Friday, November 13	Photo Retakes (morning)
Tuesday, November 17	Grade 6 Immunizations - Postponed
Wednesday, November 18	PAC meeting via Zoom
Monday, November 30	Non-Instructional Day – No school in session
Monday, December 14	Term 1 Report Cards On-Line
Friday, December 18	Last Day of Classes
Monday, January 4, 2021	School Re-Opens